

International Yoga day (21st June2016)

The Second International yoga day (IYD-2016) was celebrated at Vidyabharati College ground by all students of colleges including NCC cadets of 3 MAH SIG COY and 4 MAH GIRLS BN. The program begins with warm up exercise followed by the various yoga mudras, Tadasan, Halasan etc. The ground was totally occupied by the students, staff, Principals of the colleges and distinguishes personality of Amravati. Nearly 40 cadets participated in this activity. The program was concluded with Pranayama followed by national anthem.



International Yoga Day (IYD-2016)



International Yoga Day (IYD-2016)

International Yoga Day

The International yoga day was celebrated at 8 MAH BN NCC, Amravati. Cadets performed different asanas under the directions of trained yoga teacher. Col Anup Kumar, 8 Mah Bn Amravati, was present on this occasion.



International Yoga Day

International Yoga day (21st June2017)

The third International yoga day (IYD-2017) was celebrated at Vidyabharati College ground. The students of colleges including NCC cadets (3MAH SIG COY and 4 MAH GIRLS BN.) were participated in this event. The Group Commander Brig. Sanjeev Kumar Yadav and Training Officer of NCC Amravati Group was guest for the event. The program begins with warm up exercise followed by the various yoga mudras, Tadasan, Halasan etc. The ground was totally occupied by the students, staff, Principals of the colleges and distinguishes personality of Amravati. Nearly 40 cadets participated in this activity. The program was concluded with Pranayama followed by national anthem.



International Yoga Day (2017)



International Yoga Day (2017)

International Yoga day (21st June2019)

The fifth International yoga day (IYD-2019) was celebrated at HVPM ground by all students of colleges including NCC cadets of SGB, Amravati University, Amravati. The program begins with warm up exercise followed by the various yoga mudras, Tadasan, Halasan etc. The ground was totally occupied by the students, staff, Principals of the colleges and distinguishes personality of Amravati. Nearly 40 cadets participated in this activity. The program was concluded with Pranayama followed by national anthem.



5th International Yoga Day (21/06/19)